## HIGH FLYERS ACRO INTENSIVE CAMP!

## Offering the weeks of:

Week 1: July 05 - July 9

Week 2: July 12 - July 16

Week 3: July 19 - July 23

Week 4: July 26 - July 30

Week 5: Aug 03 - Aug 06 (short week)

Week 6: Aug 09 - Aug 13

Week 7: Aug 16 - Aug 20

Week 8: Aug 23 - Aug27

Week 9: Aug 30 - Sept 3

From 1:00-4:00pm daily!

\*\*Cost: \$150 plus HST / week

\*\* spots are limited



Acro/tumbling camp is geared towards those wanting to further develop their level of aerial skills using the floor, trampoline and circuit training. Back handsprings, aerials and saltos are the primary focus of this program.

