

ACRO INTENSIVE CAMP

@ HIGH FLYERS GYMNASTICS – Summer 2020

Offering the weeks of:

Week 1 - July 06-July 10

Week 2 - July 13-July 17

Week 3 - July 20-July 24

Week 4 – July 27-July 31

Week 5 - Aug 04-Aug 07 (short week)

Week 6 - Aug 10-Aug 14

Week 7 - Aug 17-Aug 21

Week 8 - Aug 24-Aug 28

from 1:00-4:00pm daily



Acro/tumbling camp is geared towards those wanting to further develop their level of aerial skills using the floor, trampoline and circuit training. Back handsprings, aerials and saltos are the primary focus of this program.

The kids should be ready to take their tricks/tumbling to the next level!!

**Cost: \$150 plus HST / week

** spots are limited

Acro Intensive Camp at High Flyers Gymnastics